

Breast Surgery Clinical Nurse Specialist Service at Lifehouse

We have two full time surgical clinical nurse specialists dedicated to our breast patients: Helena Lee and Roan Misoles.

You may or may not meet a specialist breast nurse during your stay at Chris O'Brien Lifehouse - it will depend on complexity of your surgery and length of stay.

Helena and Roan work throughout different areas of the hospital and are available to be contacted by any of the surgical breast patients for advice.

They work closely with nurses who will care for you on the ward and alongside your surgical team of doctors so you may be contacted by them at any time regarding your care.

Things that the specialist breast nurses can assist you with include:

- Helping you and your family to understand your diagnosis and where your treatment path may lead
- Providing you education and reputable resources should you wish to access information regarding breast cancer

- Discussing the different surgical options which may have been presented to you by your surgeon
- Pre-surgery expectations and education
- Information about prosthetics after a simple mastectomy
- Drain, wound & post-surgery care advice

A diagnosis of breast cancer can be a particularly stressful and scary time for you and your family, the specialist breast nurse can be a support person along the way and refer you to our allied health services such as:

- Psychologist
- Social worker
- Physiotherapist
- Lymphedema therapist
- Pain clinic
- Nipple tattooist

Our Breast Care Nurses can be contacted Monday to Friday
8AM-4:30PM

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